

**The Introduction section of being a Muslim**

1. Knowing Oneself
2. Knowing Allah
3. Knowledge of this World
4. Knowledge of the Next World

The **Alchemy of Happiness-Kimiya'e Saadat** is Imam Al-Ghazzali's own abridgement, in Persian, of his masterwork "The Revival of Religious Sciences" (Ihya Ulum al-Din).

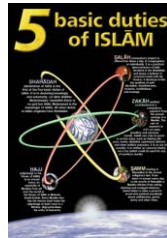
[The Alchemy of Happiness \(5 CD's\) by Hamza Yusuf](#)

[Al-Ghazali: Remembrance of Death & Afterlife \(15 CD's\) by Abdul Hakim Murad](#)-book 40  
[Repentance ,Patience and gratitude, Fear and hope, Poverty and abstinence Abdul Hakim Murad](#)-Book 31-34  
[Divine unity and reliance on god and love, longing, intimacy and contentment and Intention, truthfulness and sincerity and vigil and self-examination by Yahya Rhodus](#)- Book 35-38

The **Alchemy of Happiness-Kimiya'e Saadat** is divided into **4 parts or Quarters** each containing **10 chapters**, so in total **40 books**

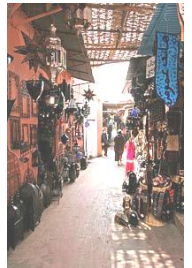
**1st Quarter - on the Acts of Worship-Rub' al-'ibadat:**

1. The Foundations of Faith-Kitab Qawa'id al-Aqa'id
2. The Book of Knowledge-Kitab 'ilm
3. The Mysteries of Purity-Asrar al-Taharah
4. The Mysteries of Prayer -Asrar al-Salah
5. The Mysteries of Almsgiving-Asrar al-Zakat
6. The Mysteries of Fasting-Asrar al-Sawm
7. The Mysteries of Pilgrimage-Asrar al-Hajj
8. The Rules of Reading the Qu'ran-'Adab Tilawah al-Qur'an
9. On Invocations and Supplications-Adhkar wa'l-Da'awat
10. On the Arrangements of Litanies times in the day & Divisions of the Night -Tartib al-Awrad wa Tafsil Ihya' al-Layl



**2nd quarter of Norms of Daily Life-Rub' al-'adat:**

11. The Manners of Eating- Adab al-Akl
12. The Manners of Marriage -Adab an-Nikah
13. The Manners of Earning a Livelihood -Adab Al-Kasb
14. On Lawful and Unlawful & Doubtful Halal wa'l Haram
15. On Duties of Brotherhood, Friendship and society- - Adab Al-Ikhawa, al-Subha, wa'l Ma'ashirah
16. On Seclusion adab al-'uzlah
17. The Manners of Travel adab as -Safr
18. On Music and Ecstasy-Adab al-Sama' wal-Wajd
19. On Enjoining Good and Forbidding Evil -Amr bil Ma'ruf wa Nahy 'Anil Munkar
20. The Ethics of Living as Exemplified in the Virtues of the Prophet(saw) -Adab al-Ma'ishah wa--Akhlaq al-Nubuawah



**3<sup>rd</sup> quarter The Destroyers-Rub' al-muhlikat:**

- 21-. On the Discipline of the Ego-Riyadat al nafs
- 22-. The Breaking of the Two Desires (Lust of Stomach and Sexual Organs)-Kasr al-Shahwatayn
23. The Harms of the Tongue-afaat al-lisaan
24. The Treatment of Anger, Hatred and Envy - al-Ghadab wal Hiqd wal Hasad
25. The Treatment of Worldliness-dhamm Al-Dunya
26. The Treatment of Miserliness and Love of Wealth - dhamm al-bukhl wa-hubb al-mal
- 27-. The Treatment of Love of fame dhamm hub al-jah
- 28-. The Treatment of Love of Hypocrisy - dhamm hub al-Riya'
- 29-. The Treatment of Pride and Conceit -dhamm al-kibr wa'l 'Ujb
- 30-. The Treatment of Heedlessness, Error and Delusion - Dhamm al-Ghuru



**4th quarter-The Deliverers-Rub' al-munjiyat:**

31. On Repentance-al-Tawba
32. On Patience and Gratitude-al-Sabr wa'l-Shukr
33. On Fear and Hope-al-Khawf wa'l-Raja'
34. On Poverty and Detachment-al-Faqr wa'l-Zuhd
35. On Intentions, Truthfulness & Sincerity- -al-Niyya wa'l-Ikhlās wa'l-Sidq
36. On Vigil and Self Accounting-al-Muraqaba wa'l-Muhasaba
37. On Meditation -al-Tafakkur
38. On Divine Unity and Reliance on Allah -al-Tawhid wa'l-Tawakkul
39. On Love, Longing, Intimacy and Contentment -al-Mahabba wa'l-Shawq wa'l-Uns wa'l-Rida
40. On Remembrance of Death & the Afterlife- Dhikr al-mawt wa-ma ba'dahu



The first complete English translation of **The Alchemy of Happiness (Kimiya al-saadat)** Imam Ghazali's Persian summary of his famous Arabic treatise on mystical Islam, **The Revival of the Religious Sciences (Ihya Ulum al-Din)**. In this work, Ghazali details the many pitfalls, snares, and distractions—internal and external—that lie in wait to divert the traveler of the Way from attaining the goal which Ghazali calls "spiritual happiness." But there are also defenders, guides, and helpers which the traveler may enlist in his aid if he recognizes them. In the Alchemy, Ghazali has provided the traveler of the Way with a critique of faith and a detailed guidebook to guide him safely to that goal. If he follows its counsels, he will successfully pass through the awesome tribunal of the Resurrection to achieve everlasting salvation, the highest degree of which is that state in which there remains neither fear of the terrors of hell nor appetite for the pleasures of paradise. It is the pure ecstasy of the loving Divine Presence: absolute spiritual happiness. [This is a 2 volume hardback English translation of Imam Ghazali's famous work "Kimiya al-Sa'adat" \(Alchemy of Happiness\).](#)